

## Street and Glastonbury Carers Support Group

We are a group of local carers who have been meeting once a month for over 10 years in a relaxed and friendly environment to support one another.

As a Carer Support Group we encourage carers to come together on a regular basis to discuss their caring situation, socialise, share information and offer each other support and advice on getting help and ; as well as having regular speakers are invited to provide information on services giving members to raise their views and concern.

The aim of the group is to create a safe place where a carer can go to be supported. We welcome any carer of any age from the Street and Glastonbury area. It's a free membership and refreshments available.

Our group respects confidentiality, and discussions of personal situations must not be disclosed to others outside the group.

For more detail please contact our Carer Line on 01823 255911 (Debbie Domoney): a Carer Support Worker can assist you for details of the Carer Support Group.