



**why...**

we hear you

**Cancer  
counselling**

## **We Hear You Supporters Therapy Group**

Do you, or someone you know, care for  
or support someone with cancer?

Could you benefit from some emotional support?

We Hear You is offering a 12-week therapy group for individuals who are supporting anyone with cancer or other life-threatening illness.

Led by professional counsellors, the group provides the opportunity for you to share your experiences with those in a similar situation in a safe and confidential environment.

Each week the group will explore a different topic such as living with uncertainty, relationship changes or self care.

Please contact We Hear You for more information

**01373 455 255**

**info@wehearyou.org.uk**

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Free, professional counselling for those affected by cancer or other life threatening conditions.

[www.wehearyou.org.uk](http://www.wehearyou.org.uk)

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**WE ARE  
MACMILLAN.  
CANCER SUPPORT**